

# Dementia Care

Alzheimer Society

MANITOBA

Dementia Care & Brain Health



# 2012

## Winnipeg, Manitoba - March 5 & 6

Canad Inns Polo Park – 1405 St Matthews Ave

### Keynote Presentations:



#### When One is More Than Two: The Older Couple as the Unit of Care

We often speak of the care giver and the care recipient. How might we change our thinking and our approach to working with older couples when we recognize the partnership, the couple, as the unit of care?

← **Fran Racher**, RN, PhD, Professor, School of Health Studies, Research Affiliate, Rural Development Institute, Brandon University, Brandon, MB

This presentation is sponsored in part by a generous contribution from the Nathan Stall Endowment Fund.



#### Dementia: Ethical Dilemmas

A discussion of some ethical dilemmas facing people with dementia, their families and health care providers caring for people with dementia.

← **Professor Arthur Schafer**, Director, Centre for Professional and Applied Ethics and Department of Philosophy, University of Manitoba, Winnipeg, MB



#### Ensuring Dignity in Continence Care

Care for people with bladder and bowel problems is a sensitive matter wherever it is provided. Many people with bladder or bowel problems present late to health care and may be discouraged by negative experiences. Dr. Wagg will discuss general principles of privacy and dignity for individuals that need assistance with toileting.

← **Adrian Wagg**, MB, BS, FRCP, FHEA (MD), Professor of Healthy Aging, Division Director, Geriatric Medicine, Department of Medicine, Faculty of Medicine & Dentistry, University of Alberta, Edmonton, AB

This presentation is sponsored in part by a generous contribution from the Manitoba Medical College Foundation Dr. Joe Burgess Endowment Fund.



#### Alzheimer's Disease: Taking a Fresh Look

This talk will address how new and evolving research findings are informing our understanding of Alzheimer's disease and the prospects for developing better and more definitive treatments.

← **Howard Feldman**, MD, FRCP, (C), Professor of Neurology, Executive Associate Dean Research, Faculty of Medicine, University of British Columbia, Vancouver, BC

register online at [www.alzheimer.mb.ca](http://www.alzheimer.mb.ca)

This program is designated an accredited learning activity by The Manitoba Pharmaceutical Association for a total of 10.0 CEUs for Pharmacists in Manitoba (MPhA File No. 31373M).

# Day 1 - Monday, March 5

8:00 a.m. Registration  
9:00 a.m. Opening Remarks  
9:15 a.m. Fran Racher, PhD  
10:15 a.m. Break - Displays Open  
10:30 a.m. P.I.E.C.E.S.™ Workshop Begins  
10:45 a.m. Professor Arthur Schafer

12:00 p.m. Buffet Lunch - Tijuana Yacht Club  
1:15 p.m. Concurrent Session 1  
2:30 p.m. Break  
3:00 p.m. Concurrent Session 2  
4:30 p.m. P.I.E.C.E.S.™ Workshop Closes

## 1: 15 p.m. Concurrent Session 1:

### 1A – Discussing and Deciding About Tube Feeding - Practical Aspects and Ethical Considerations

Tube feeding may be considered for individuals with Alzheimer's disease who are not able to safely meet their nutritional needs orally. This session will review current evidence in literature regarding the use of tube feeding and will describe an approach to help residents and families in decision making that includes consideration of ethical issues.

**Jean Helps**, RD, Nutrition and Food Services, Winnipeg Regional Health Authority; **Dr. George C. Webster**, Clinical Ethicist, Health Care Ethics Service, St. Boniface Hospital, Winnipeg.

Please note that this workshop continues in Session 2A.

### 1B – Antipsychotic Use in Personal Care Homes: Evidence-based Recommendations

Evidence-based recommendations of antipsychotic use among residents with dementia will be highlighted. This session will discuss the appropriate use of antipsychotic medication and the need for regular antipsychotic medication review for possible dose reduction or discontinuation.

**Preetha Krishnan**, Nurse Practitioner, Long Term Care, Winnipeg Regional Health Authority, Winnipeg.

### 1C – The Interdependent Independence of Older Couples: Generating Strength and Opportunity

How do older couples undertake problem-solving and decision-making? What do older couples tell us about their desire for relationship-centred care? How can we work more effectively with older couples living with dementia?

**Fran Racher**, RN, PhD, Professor, School of Health Studies, Research Affiliate, Rural Development Institute, Brandon University, Brandon.

### 1D – QUIS-EH-O: Maximizing Quality of Staff and Resident Interactions

The QUIS tool is used extensively in Great Britain to measure quality of interactions between staff and residents in long term Care facilities. This session will feature a Canadian version of the tool and how it is improving quality of life at Salem Home.

**Peter Wiebe**, RN, GNC (C), BRE, Educator, Geriatric Education & Consultation Services; **Kelly Ens**, RN, Resource Development Coordinator, Salem Home Inc., Winkler.

### 1E – Aging with Mental Illness

A diagnosis of dementia can be further complicated by a pre-existing psychiatric illness. Learn how presenting symptoms can often be misdiagnosed and conflicting in nature. This session will assist you to recognize the origin of presenting symptoms and plan for the best possible interventions.

**Lindy Stanford**, BSW; **Jacquie Williams**, RPN, Geriatric Resource, Geriatric Program, Selkirk Mental Health Centre, Selkirk.

### 1F – Behavioural and Psychological Symptoms of Dementia

Behavioural and psychological symptoms of dementia (BPSD) are prevalent in Alzheimer's disease. This session will discuss ways to identify signs of BPSD and how to better approach individuals experiencing these changes.

**Galit Hasdan**, MD, CCFP, Care of the Elderly, University of Manitoba, Winnipeg.

## 3: 00 p.m. Concurrent Session 2:

### 2A – Discussing and Deciding About Tube Feeding – Practical Aspects and Ethical Considerations

This session is a continuation of session 1A.

### 2B - Difficult Conversations: Accepting and Planning for Long Term Care

Individuals and families differ in their ability to anticipate and accept the need for long term care support. This session will discuss common emotions, fears and misconceptions encountered when care needs are changing. Approaches and strategies used to assist families and move situations forward will also be outlined.

**Kathy Burgetz**, RN, GN(C); **Cheryl Bokhaut**, MSW; **Sande Kliewer**, MSW; **Cornelia van Ineveld**, MD, FRCP(C), St. Boniface Geriatric Day Hospital, St. Boniface Geriatric Program Assessment Team, Winnipeg.

### 2C – Self-Advocacy for Everyone (S.A.F.E) Toolkit: A Resource for Engaging Patients, Families and the Public

Do you know how to help patients, families and the public become more involved in their own healthcare? The S.A.F.E. Toolkit contains basic information, tips, tools and resources on a variety of patient safety topics. This session will examine this web-based resource and how it can be used efficiently.

**The Manitoba Institute for Patient Safety**, Winnipeg.

### 2D – A Safer Environment for the Caregiver

When we view the person living with dementia as a "capable" person, and become curious about what their behavior tells us, our approach and response is supportive, person-centred and safer for us and them.

**Tracy Seib**, BSW, Education Coordinator, Interlake Regional Health Authority, Gimli.

### 2E – Alcohol Related Dementia: What is it and what are the care needs?

This session will explore the nature of Alcohol Related Dementia, identify challenges to providing care and briefly describe emerging care recommendations.

**Deb Kostyk**, Prevention Education Consultant, Problem Gambling Services, Older Persons and Gambling; **Sheri L. Fandrey**, B.S.P., Ph.D., Prevention & Education Consultant, Addictions Foundation of Manitoba, Winnipeg.

### 2F – Innovative Models in Therapeutic Recreation

Hear about the "Spark of Life" and the "Montessori" models of dementia care and how they relate to the delivery of Therapeutic Recreation. Suggestions for meaningful interactions and resources for care providers will be discussed.

**Jennifer Reese**, BRS, Recreation Coordinator, Victoria General Hospital; **Ellen Locke**, B.A., BRS, Manager, Recreation Services, Misericordia Health Centre, Winnipeg.



**A P.I.E.C.E.S.™-based workshop for health care aides and allied health workers.**

**Limited seating available so register early!**  
**Registration fee: \$35 (includes buffet lunch & breaks)**

Participants will attend the opening plenary at 9:15 a.m. Workshop begins at 10:30 a.m. and closes at 4:30 p.m. Full day attendance is required to obtain a certificate of attendance.

# Day 2 - Tuesday, March 6

8:00 a.m. Registration  
9:00 a.m. Opening Remarks  
9:15 a.m. Dr. Adrian Wagg  
10:15 a.m. Break - Displays Open  
10:30 a.m. P.I.E.C.E.S.™ Workshop Begins  
10:45 a.m. Concurrent Session 3

## 10:45 a.m. Concurrent Session 3:

### 3A – Antipsychotics and Dementia – Part of the Solution or Part of the Problem?

Antipsychotics are widely used to manage reactive behaviours, but safety concerns have caused us to re-examine this approach. This presentation will review the evidence supporting their use and shed light on the safety concerns.

**Shawn Bugden**, B.Sc.(Pharm), M.Sc., Pharm.D., Associate Professor, Faculty of Pharmacy, University of Manitoba, Winnipeg.

### 3B – Falls and Incontinence: An Unrecognized Link

This session will discuss the research evidence which links lower urinary tract symptoms and falls in older individuals.

**Adrian Wagg**, MB, BS, FRCP, FHEA (MD), Professor of Healthy Aging, Division Director, Geriatric Medicine, Department of Medicine, Faculty of Medicine & Dentistry, University of Alberta, Edmonton.

### 3C – A Safer Environment for the Caregiver

When we view the person living with dementia as a “capable” person, and become curious about what their behavior tells us, our approach and response is supportive, person-centred and safer for us and them.

**Tracy Seib**, BSW, Education Coordinator, Interlake Regional Health Authority, Gimli.

This is a repeat of Session 2D

### 3D – Recognition of Dementia Amongst People with an Intellectual Disability

This presentation will heighten awareness of the risk factors for dementia, specific to individuals with an intellectual disability. It will also provide guidelines and resources for screening, assessment and diagnosis within this group of people.

**Leslie Udell**, Degree in Community Rehabilitation, Acting Executive Director and Coming of Age Coordinator – Winnserv Inc., Winnipeg.

### 3E – Quityercomplainin’ … it’s drainin’!!! A serious plan to live life GRAND!

A no holds barred presentation that kicks, pushes and shoves you to the next level (not for the faint of heart)! Hear result-oriented, progressive and “do-able” action steps for today’s busy professional, so that you can drastically improve your work/life satisfaction.

**Stephanie Staples**, Owner, Your Life, Unlimited Speaking and Coaching Services, Winnipeg

### 3F – Spiritual Care in Dementia Care

Spiritual care cares for the whole person. Self awareness and self care are important components of spiritual care for people with dementia, their family and the health care team.

**John Friesen**, Spiritual Care, Concordia Place, Winnipeg.

12:00 p.m. Buffet Lunch - Tijuana Yacht Club  
1:15 p.m. Concurrent Session 4  
2:30 p.m. Break  
3:00 p.m. Dr. Howard Feldman  
4:15 p.m. Closing Remarks  
4:30 p.m. P.I.E.C.E.S.™ Workshop Closes

## 1:15 p.m. Concurrent Session 4:

### 4A – Actions Speak Louder Than Words: Effective Communication with Persons with Dementia

The importance of nonverbal communication will be discussed. Participants will learn strategies to foster effective communication and how to structure meaningful interactions with persons with dementia.

**Monique Piatt**, MS, SLP (C), Speech-Language Pathologist, Winnipeg Regional Health Authority, Personal Care Home - Speech Language Pathology Service, Winnipeg.

### 4B – Knowledge Transfer: How Do You Get Best Practices Into Practice?

This session will examine ways to bridge the knowledge to practice gaps. Results of a recent project in Alberta and British Columbia will highlight ways to ensure knowledge transfer, quality improvement and sustainability.

**Adrian Wagg**, MB, BS, FRCP, FHEA (MD), Professor of Healthy Aging, Division Director, Geriatric Medicine, Department of Medicine, Faculty of Medicine & Dentistry, University of Alberta, Edmonton.

### 4C – Positive Approaches to Behaviour Change: Strategies for Nonpharmacological Intervention

Positive approaches to behaviour change can be effective, but they are not always used. Techniques that focus on recognizing and rewarding neutral or positive behaviours can facilitate behaviour change in care recipients and contribute to decreased stress in caregivers.

**Colleen Millikin**, Ph.D., Clinical Psychologist, Deer Lodge Centre; **Lesley Koven**, Ph.D., Clinical Psychologist, St. Boniface General Hospital, Winnipeg.

### 4D – Manitoba Primary Caregiver Tax Credit/Disability Tax Credit

Understand the eligibility requirements and application process for these tax credits.

**Stephen Davidson**, Supervisor – Manitoba Tax Assistance Office, Government of Manitoba, Department of Finance; **Ian McLeod**, Taxpayer Services, Canada Revenue Agency, Government of Canada, Winnipeg.

### 4E – Review of Behavioral Symptoms in Frontotemporal Dementia

A review of the subtypes of frontotemporal dementia, their clinical presentations, classification and typical behavioral features. Some of the challenges facing younger people with dementia and the role of pharmacologic interventions will be discussed.

**Craig Omelan**, MD, FRCP(C), Assistant Professor, Department of Psychiatry, Faculty of Medicine, University of Manitoba, Winnipeg.

### 4F – Put Your Best Foot Forward

This session will discuss common foot health issues and their impact on quality of life among older individuals and people with dementia. Practical ways to assist in foot care will be presented.

**Dr. Martin Colledge**, Podiatrist, Registrar, College of Podiatrists of Manitoba, Winnipeg.



**Registration - 2 days \$135; 1 day \$75**

**Registration Deadline - Friday, February 24, 2012**

**Please print clearly.** (for additional copies, please photocopy.) Or [Register online at www.alzheimer.mb.ca!](http://www.alzheimer.mb.ca)

Name: \_\_\_\_\_ Job Title: \_\_\_\_\_

Organization or Facility: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ Fax: ( ) \_\_\_\_\_ Email: \_\_\_\_\_

**Note:** Registrants providing an email address and registering by Friday, February 24, 2012 will receive confirmation.

I do not wish to receive information from the Alzheimer Society.

**Register me for:**

Both Conference days **\$135**

Conference Day 1 only **\$75**

P.I.E.C.E.S.™ Day 1 only **\$35**

Conference Day 1 and P.I.E.C.E.S.™ Day 2 **\$110**

P.I.E.C.E.S.™ Day 1 and Conference Day 2 **\$110**

Conference Day 2 only **\$75**

P.I.E.C.E.S.™ Day 2 only **\$35**

Payment  
MUST accompany  
completed  
registration form.  
Registrations are  
transferable.

**Please note:** There is a \$10.00 fee for late registrations.

**No refunds after February 29, 2012.**

**Payment:** When paying by cheque, make cheque payable to the "Alzheimer Society of Manitoba" or provide credit card information.

VISA/Mastercard: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expires: \_\_\_\_\_ / \_\_\_\_\_ Cardholder's Name: \_\_\_\_\_

**Please indicate the sessions you would like to attend.**

**Day 1:** Concurrent Session 1 options: 1A, 1B, 1C, 1D, 1E, 1F

**Day 2:** Concurrent Session 3 options: 3A, 3B, 3C, 3D, 3E, 3F

1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_ 3rd choice \_\_\_\_\_

1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_ 3rd choice \_\_\_\_\_

Concurrent Session 2 options: 2A, 2B, 2C, 2D, 2E, 2F

Concurrent Session 4 options: 4A, 4B, 4C, 4D, 4E, 4F

1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_ 3rd choice \_\_\_\_\_

1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_ 3rd choice \_\_\_\_\_

Registration is on a first-come, first-served basis. Concurrent session assignment will be confirmed on the day of conference.

Hotel Accommodations: To receive the conference group rate at Canad Inns Polo Park, register by February 6, 2012 and quote Alzheimer conference group #194745

**Alzheimer Society**

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*Dementia Care & Brain Health*

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