

Alzheimer Society

M A N I T O B A

Dementia Care & Brain Health

Living with Alzheimer's Disease and other Dementias

Care Planning & Team Building

The workshop presentations will be held on two consecutive Saturdays. These sessions will be helpful to family and friends who support the person living with a diagnosis of Alzheimer's disease or another dementia. Specialists will provide practical information on the following topics:

Presentation topics will include:

February 6, 2010

- Alzheimer's Disease and other Dementias & Treatment
- Valuing the Person
- Legal Issues

February 13, 2010

- Home Care and Community Resources
- Family Perspective
- Care for the Caregiver

In the
Alzheimer Society Conference Room
10 – 120 Donald Street, Winnipeg, MB
Mezzanine Floor

The series will be offered on
Saturday, February 6th and February 13th, 2010
9:00 a.m. to 2:00 p.m.

Please register by February 3rd, 2010 - \$20.00 per person (Sessions Fill Quickly!)

To register and for more information contact:

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Alzheimer Society

MANITOBA

Dementia Care & Brain Health

Living with Alzheimer's Disease and other Dementias

Understanding Alzheimer's Disease and other Dementias

- Symptoms and Diagnosis
- Progression of the disease
- Treatment and research

Valuing the Person

- Preserving independence and dignity
- Caring communication

Care for the Caregiver

- Caring for yourself while caring for others
- Maintaining balance

Home Care & Community Resources

- Services and supports available
- How to access services

Legal & Financial Issues

- Dealing with legal issues
- Power of Attorney, Wills and Health Care Directives

The Family Perspective

- Personal insight on the journey through the disease
- Living with change

Participants Comments:

"I found the workshops to be wonderful and informative. It was comforting to be able to ask questions and get answers that were helpful. I know that I am not alone."

"Being part of a group with similar problems was helpful. Learning about the community resources knowing when and how to access them was important."

October, 2009