



## Teleconference Support Group For Care Partners of People with Younger Onset Dementia

An estimated 71,000 Canadians under the age of 65 have been diagnosed with a form of dementia. They and their families are facing special challenges related to changes associated with the disease, employment, raising children, money matters and future plans. Care partners are experiencing changes in the relationship, an increase in responsibilities related to the family and the challenge of providing care while continuing to be employed.

To assist care partners and friends of people with younger onset dementia, the Alzheimer Society of Manitoba is offering a teleconference support group. Group members must be caring for someone under the age of 65 with a diagnosis of Alzheimer's disease or another dementia.

**Support Groups** offer a confidential and supportive environment for participants to:

- Gain information about the nature and progression of Alzheimer's disease or another dementia, available treatments, and community resources.
- Discuss their experiences and strategies when caring for a person with Alzheimer's disease or another dementia.
- Enjoy mutual support from others who are caring for a family member or friend.

**Teleconference Support Groups** allow care partners or friends to participate without leaving their home. Participants can live anywhere in Manitoba. No special equipment is needed, though some people prefer being able to use a speaker phone or head set. Participants do not incur long distance charges. Connection is made using a toll free number and a conference code. The group will meet on a monthly basis.

### Who facilitates the Support Group for Care Partners of Younger People with Dementia?

- The support group is facilitated by the Program Director of the Alzheimer Society of Manitoba and a Social Worker from a community care setting.

### How do I join and when does the Group meet?

- To learn more or to join this Teleconference Support Group, contact the Provincial office at 943-6622 or 1-800-378-6699 or the Regional office in your area.
- The group meets on the third Monday of the month at 7:30 to 8:30 p.m.
- Group participants, who wish to, may join the facilitators at Deer Lodge Centre Life and Learning Board Room, Second Floor, 2109 Portage Ave., Winnipeg for the teleconference.

To learn more about contact the Alzheimer Society of Manitoba at (204) **943-6622** or **1-800-378-6699**

**website:** [www.alzheimer.mb.ca](http://www.alzheimer.mb.ca) **e-mail:** [alzmb@alzheimer.mb.ca](mailto:alzmb@alzheimer.mb.ca)

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