

Dementia Care

Alzheimer Society
MANITOBA
Dementia Care & Brain Health



March 10 & 11, 2014

Canad Inns, Polo Park • 1405 St. Matthews Ave • Winnipeg, Manitoba

Understanding Why People with Dementia Have Sleep Problems and Ways to Help

Cary Brown gives an overview of sleep biology and explains why improving sleep can help people with dementia have better cognitive, emotional and physical function. Brown provides evidence-based, non-medication sleep interventions and shares simple sleep-friendly tips.

Cary A. Brown, FHEA, PhD, Associate Professor, Department of Occupational Therapy, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton, AB

This presentation is sponsored in part by a generous contribution from the Manitoba Medical College Foundation - Dr. Joe Burgess Memorial Fund



Creative Dementia Care

- Creative partnerships
- Creative care
- Creative living

New ideas to inspire you!

Moving Toward Person-Centred Mealtimes

Heather Keller discusses how mealtimes are important for quality of life for people with dementia and their partners in care. Keller will discuss the Life Nourishment Theory as a basis for moving toward person-centred mealtimes. Keller will also share key steps for transforming mealtimes in residential environments.

Heather Keller, RD, PhD, FDC, Schlegel Research Chair, Nutrition & Aging, Professor, Department of Kinesiology, University of Waterloo, Waterloo, ON

This presentation is sponsored in part by a generous contribution from the Nathan Stall Endowment Fund



Dementia, Depression & Delirium

There is a wide-ranging interplay between dementia, depression and delirium. Dr. Campbell explains this correlation and suggests ways to provide creative and person-centred care when two or more of these conditions are present.

Barry Campbell, MD, FRCPC, Medical Director, Geriatric Psychiatry, Faculty of Medicine, University of Manitoba, Winnipeg, MB



Using Creative Arts to Augment Care

Arts and music can contribute to a healthy life. Experience the benefits of art, music and movement as Artists in Healthcare presents the creative facets of health care.

Shirley Grierson, Executive Director; Nina Batistoni, Masters in Dance Therapy, Artists in Healthcare Manitoba, Winnipeg, MB

Day 1 - Monday, March 10

8:00 am	Registration	12:00 pm	Buffet Lunch - Tijuana Yacht Club
9:00 am	Opening Remarks	1:15 pm	Concurrent Session 1
9:15 am	Cary A. Brown, PhD	2:30 pm	Break
10:15 am	Break - Displays Open	3:00 pm	Concurrent Session 2
10:30 am	P.I.E.C.E.S.™ Workshop Begins	4:30 pm	P.I.E.C.E.S.™ Workshop Closes
10:45 am	Heather Keller, PhD		

1:15 pm - Concurrent Session 1

1A - Dementia Care and Music Therapy: Making the Connection with Music

Music is something we can all take part in and is important in our daily lives. Hear practical ideas on how music can assist with daily dementia care.

Katy Jacobs, B.Mus Ed, DipMT, MTA, Music Therapist, Accessible Music Therapy, Winnipeg

1B - Pain in Persons with Dementia: How to Recognize It and What To Do

Unrecognized and untreated pain in people with dementia causes unnecessary suffering and loss of function. This session reviews the prevalence of pain in people with dementia, presents a researched pain assessment tool and highlights non-drug interventions that can help prevent or reduce pain.

Cary A. Brown, FHEA, PhD, Associate Professor, Department of Occupational Therapy, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton

1C - Building on Cultural Competency in Home Care

Explore how to better engage clients and communities in understanding and facilitating cultural safety. Discussions will include cultural sensitivity and recognizing power imbalances in interactions between the healthcare provider and clients.

Antoinette Zloty, MSW, BSW, RSW, Social Policy and Administration, Consultant, Manitoba Health, Winnipeg

1D - Hidden Health Hurdles for Caregivers

Through an exploration of stress and its physiologic impact on multiple body systems, you will learn ways to navigate the road to vitality. Key strategies that apply both in and outside the workplace will be discussed.

Tara Maltman-Just, B.Sc.(Pharm.), RPh, ABAHP, FAARFM, Board-Certified Diplomate, Advanced Fellow, Licensed Pharmacist and Founder, Vitality Integrative Medicine, Winnipeg

1E - Spirituality: A Foundation for Strengthening Relationships in Dementia Care

Explore spirituality as a support to strengthen relationships within dementia care in this experiential session.

(Rev.) Adel Compton, MDIV, BScN, Prairie Jubilee Associate, Regional Director, Spiritual Health Services, Winnipeg Regional Health Authority, Winnipeg

1F - Medication Information Line for Everyone (MILE): What It Can Do For You

Correct medication information is critical in the care of older adults. Learn how MILE can help you maintain the health and safety of individuals with dementia and their families.

Sunita Persaud, Pharmacist Consultant, Medication Information Line (MILE), University of Manitoba, Winnipeg

3:00 pm - Concurrent Session 2

2A - Pills vs. Food: What We Know About Nutrition and Delaying Progression of Dementia

Review literature focused on diet, micronutrients, body weight and the progression of cognitive impairment in people diagnosed with mild cognitive impairment or dementia. Learn about various ways to stay healthy with nutrition.

Heather Keller, RD, PhD, FDC, Schlegel Research Chair, Nutrition & Aging, Professor, Department of Kinesiology, University of Waterloo, Waterloo

2B - Magnetic Resonance Imaging (MRI): Providing Clues in Understanding Dementia

MRI is a powerful tool that can be used to understand dementia, lead to an earlier diagnosis and find better treatments. Discover how this research helps people with dementia and how you can assist them to become better informed.

Melanie Martin, PhD, Associate Professor of Physics, University of Winnipeg, Director of Magnetic Resonance Microscopy Centre, University of Manitoba, Winnipeg

2C - Remind Me: Recovering & Reclaiming Remembrances

Learn how to use art, photography and conversation to make connections with people with dementia. Hear how this can help them recall memories from the past.

Darlene McPherson, BEd, Visual Artist, Artists in Healthcare Manitoba, Volunteer Services, St. Boniface Hospital, Winnipeg

2D - Psychiatric Comorbidity in People with Dementia

Changes in dementia may be compounded by coexisting conditions such as psychosis or mood disorders. Recognize care needs and identify ways to assist in these unique situations.

Craig Omelan, MD, FRCP(C), Assistant Professor, Geriatric Psychiatry, Faculty of Medicine, University of Manitoba, Winnipeg

2E - Creating Respectful Communities

Bullying has become a word commonly heard in conversation, but we need to move from bullying to respect. Learn about strategies, tools and resources available to help you promote a respectful community setting for older adults.

Rebecca Ulrich, Provincial Manager, RespectED: Violence & Abuse Prevention Program, Canadian Red Cross - Manitoba, Winnipeg

2F - Helping Older Adults Make Successful Transitions

Life brings change. Learn how you can support older adults as they make transitions within the community or into a care setting. This session considers ways families can be partners in a successful transition.

Margaret Warner, B.S.W., R.S.W., Director of Health Services - Seniors/Portage and Area, Southern Health-Santé Sud, Portage la Prairie



Register early! Seats are limited!
\$40 - 1 day P.I.E.C.E.S.™ workshop

Monday, March 10 - If you haven't attended P.I.E.C.E.S.™ modules before, this is for you! Topics include Dementia, Brain and Behaviour, Communication and others.

Tuesday, March 11 - Introducing new P.I.E.C.E.S.™ modules about Person-Centred Care, Bathing, Making Mealtimes Better and others. Participants must have attended a previous P.I.E.C.E.S.™ modules session.

Day 2 - Tuesday, March 11

8:00 am	Registration	12:00 pm	Buffet Lunch - Tijuana Yacht Club
9:00 am	Opening Remarks	1:15 pm	Concurrent Session 4
9:15 am	Barry Campbell, MD	2:30 pm	Break
10:15 am	Break - Displays Open	3:00 pm	Artists in Healthcare Manitoba
10:30 am	P.I.E.C.E.S.™ Workshop Begins	4:15 pm	Closing Remarks
10:45 am	Concurrent Session 3	4:30 pm	P.I.E.C.E.S.™ Workshop Closes

10:45 am - Concurrent Session 3

3A - Innovation in Long Term Care Settings: A Successful Model of “Partnership-Centred Care”

This session describes the implementation of an innovative model of care called the Tri-Focal Model of Care. Designed to create culture change, the Tri-Focal Model was developed based on three concepts, including partnership-centred care, positive work environment and evidence-based practice.

Beverly O’Connell, BN (Administration), MSc, PhD, Professor and Dean, Faculty of Nursing, University of Manitoba, Winnipeg

3B - Novel Assessment and Treatment Options in Alzheimer’s Disease: Virtual Reality Tools and rTMS

Learn how differences in perceptions of virtual reality and natural environments can be used to detect pre-clinical symptoms of Alzheimer’s disease. Explore the application of a new technology for potential treatment of Alzheimer’s disease.

Zahra Moussavi, PhD, P.Eng., Director, Biomedical Engineering Program, Canada Research Chair, Professor, Dept. of Electrical & Computer Engineering, Dept. of Psychiatry, University of Manitoba, Winnipeg

3C - Dementia Care and Music Therapy: Making the Connection with Music

Repeat of session 1A. Please refer to previous description.

Katy Jacobs, B.Mus Ed, DipMT, MTA, Music Therapist, Accessible Music Therapy, Winnipeg

3D - Best Practices in Supporting People with an Intellectual Disability and Dementia

Community based strategies for individuals with an intellectual disability and dementia are emerging. This session shares work by the National Task Group on Intellectual Disabilities and Dementia Practices, including guidelines for community care, early detection and recommendations for evaluation and management.

Leslie Udell, Degree in Community Rehabilitation, Acting Executive Director and Coming of Age Coordinator - Winnserv Inc., Winnipeg

3E - The Body-Brain Connection

Did you know that 90% of Serotonin is found in the gut? Don’t let digestive dysfunction impact your immune system and mood. Explore the often forgotten link between the digestive system, immune response and brain health.

Tara Maltman-Just, B.Sc.(Pharm.), RPh, ABAAHP, FAARFM, Board-Certified Diplomate, Advanced Fellow, Licensed Pharmacist and Founder, Vitality Integrative Medicine, Winnipeg

3F - Building Capacity Among Inter-Professional Healthcare Providers for Managing Situations of Elder Abuse

Education and awareness help prevent elder abuse. This session is part of training workshops developed by the Canadian Association of Occupational Therapists (CAOT). Learn how to respond to elder abuse and hear about professional and legal responsibility and the CAOT strategy document.

Nina Labun, RN, MN, Clinical Nurse Specialist, Regional Manager of Clinical Services, Revera Inc., Winnipeg

1:15 pm - Concurrent Session 4

4A - Subjective Memory Complaints in Older Adults

Memory complaints are associated with and predict dementia. This session discusses Subjective Memory Complaints, including prevalence, media coverage, accuracy and an approach for assisting adults with subjective memory complaints.

Philip D St. John, MD, MPH, FRCPC, Head, Section of Geriatric Medicine, Faculty of Medicine, University of Manitoba, Winnipeg

4B - Being Prepared: Financial and Legal Matters

Proper legal documents and caregiver benefits are important elements in planning for the future. Discover ways to assist older adults and their care partners prepare legal documents and understand the Manitoba Primary Caregiver Tax Credit.

Tax Credit Advisor, Manitoba Tax Assistance Office, Department of Finance, Government of Manitoba; **Heather Dixon**, Lawyer, Dixon Law Office, Winnipeg

4C - Connecting Beyond Words

Making respectful, person-centred language part of everyday life enhances your ability to connect. Find out ways to maintain relationships through creative communication approaches.

Charleen Barkman, RPN, Staff Development Coordinator - Long Term Care, Southern Health-Santé Sud, Steinbach

4D - Partnerships in Care: The Family Journey

Families of people with dementia have different patterns of caregiving. Researchers have examined how families approach their caregiving responsibilities and have proposed ways that healthcare professionals can tailor their support to better meet family needs and goals.

Verna C. Pangman, RN, MEd, MN, Senior Instructor, Faculty of Nursing, University of Manitoba, Winnipeg; **Dorene Rosmus**, RN, BN, GNC(C), Staff Education Coordinator, Betel Home Foundation, Selkirk

4E - Dementia: A Risk Factor for Falls

People with dementia are four to five times more likely to fall than older people who are cognitively well. Learn how the 7A’s of Dementia can contribute to falls. Learn about tips for accommodating risk factors.

Norma J. Kirkby, PHEC, Program Director, Alzheimer Society of Manitoba, Winnipeg

4F - Navigating Rough Waters: Ethics in Dementia Care

Dementia can make difficult care decisions even harder, and ethical questions about the right thing to do are common. This interactive session will use a case study to provide strategies and resources for ethical decision-making in dementia care.

Aviva Goldberg, MD, MA, FRCPC, Pediatric Nephrologist and Assistant Professor, University of Manitoba, Ethics Medical Advisor, Winnipeg Regional Health Authority; **Jennifer Dunsford**, RN, MN, WRHA Regional Director for Ethics Services and Chair, Manitoba Provincial Health Ethics Network, Winnipeg



Register online at alzheimer.mb.ca/dementiacare2014, or complete this form and fax (204-942-5408) or mail to 10-120 Donald St, Winnipeg, MB, R3C 4G2.

\$155 - 2 day registration
\$85 - 1 day registration
\$40 - 1 day P.I.E.C.E.S.™ workshop

Scan this QR code to register!

Registration deadline:
Friday, February 28, 2014



Please print clearly (for additional copies, please photocopy)

Name _____ Job Title _____

Organization or Facility _____

Mailing Address _____

City _____ Prov _____ Postal Code _____

Phone _____ Email _____

Note: Registrants who provide an email address and register by Friday, February 28, 2014 will receive confirmation.

I do not wish to receive information from the Alzheimer Society of Manitoba.

Register me for:

- | | |
|--|---|
| <input type="checkbox"/> Both Conference Days \$155 | <input type="checkbox"/> Conference Day 1 and P.I.E.C.E.S.™ Day 2 \$125 |
| <input type="checkbox"/> Conference Day 1 only \$85 | <input type="checkbox"/> P.I.E.C.E.S.™ Day 1 and Conference Day 2 \$125 |
| <input type="checkbox"/> Conference Day 2 only \$85 | <input type="checkbox"/> P.I.E.C.E.S.™ Day 1 only \$40 |
| <input type="checkbox"/> Both days P.I.E.C.E.S.™ workshop \$80 | <input type="checkbox"/> P.I.E.C.E.S.™ Day 2 only \$40 |

Please note: There is a \$10 fee for late registrations. No refunds after March 5, 2014.

Payment: When paying by cheque, make cheque payable to "Alzheimer Society of Manitoba" or provide credit card information.

VISA/Mastercard ____/____/____/____ Expires ____/____ Cardholder's Name _____

Please indicate the sessions you would like to attend:

Day 1: Concurrent Session 1 options: 1A, 1B, 1C, 1D, 1E, 1F

1st choice ____ 2nd choice ____ 3rd choice ____

Day 2: Concurrent Session 3 options: 3A, 3B, 3C, 3D, 3E, 3F

1st choice ____ 2nd choice ____ 3rd choice ____

Day 1: Concurrent Session 2 options: 2A, 2B, 2C, 2D, 2E, 2F

1st choice ____ 2nd choice ____ 3rd choice ____

Day 2: Concurrent Session 4 options: 4A, 4B, 4C, 4D, 4E, 4F

1st choice ____ 2nd choice ____ 3rd choice ____

Registration is on a first come, first serve basis. Concurrent session assignment will be confirmed on the day of conference. Hotel accommodations: To receive the conference group rate at Canad Inns Polo Park, book by February 10, 2014 and quote Alzheimer Society conference group #244377.

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10-120 Donald St • Winnipeg, MB • R3C 4G2 • Phone 204-943-6622 (Winnipeg) or 1-800-378-6699 (Manitoba) • Fax 204-942-5408

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