It Takes a Team to Create Quality Care
Goals of This Presentation

• Learn about working as an integrated team to ensure high quality care.
• Relate my experiences as a daughter-in-law/nurse working as part of the team to provide care for a mother-in-law with dementia.
• Share examples for a research study I did of family caregivers as part of the team caring for people with dementia in LTC.
• Share an example for a care facility in the Netherlands that depends on team.
• Share some of your stories, examples, and advice.
The Numbers

• Now there are 47.5 million people living with dementia
• By 2030 they predict the number will increase to 75.6 million
• By 2050 135.5 million
A study of family caregivers of older adults with dementia as part of the care team in the home setting
<table>
<thead>
<tr>
<th>The Study</th>
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<tbody>
<tr>
<td><strong>Participants</strong> – from 2 rural communities in Alberta</td>
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<tr>
<td><strong>Methodology</strong> – descriptive qualitative</td>
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<tr>
<td><strong>Data Collected</strong> – focus groups (phone semi-structured interviews as an option)</td>
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<td><strong>Sample</strong> – 17 people</td>
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<tr>
<td><strong>Analysis</strong> – Nvivo 10 and thematic analysis</td>
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Findings

Three Themes

1. Physical, emotional, social and financial challenges
2. Role reversal
3. Need for support from a team
Theme 1 – Physical, emotional, social and financial challenges

- Exhausted
- Feelings of guilt, empathy, anger and frustration
- Social impact
- Financial woes
Theme 2 – Role Reversal

• Becoming parent like
• Moving from passive to active
• Moving from equal partner to primary decision-maker
Theme 3 – Need for Support From a Team

• Respite and home care
• Informal caregiver support
• Formal support (community clinics, outreach nurses, Alzheimer Society)
It Takes a Team!

- To prevent compassion fatigue and burnout of family caregivers
- To help people remain in their homes
Example of the Team in the Netherland’s Hogeweyk Dementia Model Village
Hogeweyk CNN Video
Your Stories, Examples and Advice on the Successful Team Approach
Changed – caring for you has left an indelible imprint on my soul.