Caring Moments: Create Quality Care

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Stories - Exemplary nurses of Canada

Photographs – Otto Mahler
Simple Gestures
It’s not about doing great things.

It’s about doing small things with great love.
Caution....
AFFIRMING MOMENTS
Affirming Moments

A shared smile.
A caring glance.
A slowed step.
A touch more gentle than it needs to be.

Affirming moments – integrated into the ordinary moments of a nurse’s day.
Legacy Moments
Footprints

May I leave
A footprint on
Your heart?

A tiny seal
To permanently
Etch a reminder of
My life on earth.
Dignifying Moments
9:43 PATIENT NUMBER 345/D... TIME FOR YOUR HUMAN INTERACTION
“It is sometimes not what I do,
It is how I do it that matters.”
(Rose, RN)
The Little Things

The little things
That you say and do

Can protect,
Or destroy,
Your patient’s last remaining grains
Of dignity and self-respect.
Touch Creates Meaningful Moments
The Imprint

Your touch.  
A gentle brush across my cheek.  
How can something so faint, so soft, so subtle,  
Leave such an indelible imprint  
On our souls?
Silent Moments
Reflective Silence

Meet my silence with silence.
Reflect my ways with your own.
See the me that I am,
Not the me that you want me to be.

Please just sit with me
And let the silent notes of the birds’ songs
Sing to us.
Individualizing Moments
You

There is only one you.
The sum total of all you have
Done
Seen and
Experienced.

What makes me happy
Is doing what I can to keep you – you.
Humorous Moments
Funny Thing About Laughter

When we laugh together
It somehow shortens the distance between us.
It reduces the space we occupy,
But it doesn’t make it any more crowded.
Maintaining THE Attitude

When things are going well.
It’s easy to keep the rhythm in your step.
The enthusiasm on your face.
And the shine in your eyes.

When life gets challenging
Ordinary people lose it.

Outstanding nurses don’t.
Hopeful Moments
Hope

It cannot be bought,
Or taught,

But can it be caught?
Compassionate Moments
The very definition of compassion...
Creating Moments that Matter by Sharing the Journey
Keeping the promise to never abandon
There is always something more that can be done
Transcendent Moments
Sometimes,
When I think about
The vastness and complexity of the world,
I am overwhelmed.
I feel so unimportant
So insignificant.

Then
I meet you,
And with a small gesture, lovingly given,
I make you feel valued.

The result is a miracle.
When you feel important,
So do I.

It is so simple. It is so profound.
Caring is more.....

It is taking a risk and helping someone do something they need to do, but can’t do alone.
Your moments that matter