

# Workshop: Living with Alzheimer's Disease or Other Dementias



**Saturday, April 5**

9 am – 4 pm

**4th Floor Assiniboine Centre**

150 McTavish Avenue E  
Brandon, MB

**Cost: \$10 per person**

Includes resources

Topics of discussion:

- Understanding dementia and day-to-day living
- Communicating
- Caring for people with changing behaviours
- Caring for yourself while caring for others
- Health Care Directives, P.O.A., Caregiver Tax Credit



**Limited  
seating!**

**alzheimer.mb.ca**

THE  
THOMAS SILL  
FOUNDATION  
INC

Thank you to the Thomas Sill  
Foundation for its commitment  
to community education for care  
providers in Manitoba.

Three ways to register:

1. Online at [alzheimer.mb.ca](http://alzheimer.mb.ca)
2. Email [wmprog@alzheimer.mb.ca](mailto:wmprog@alzheimer.mb.ca)
3. Call Grace at 204-729-8320 or Tannis at  
Centre for Geriatric Psychiatry at 204-578-4572