

Family Education: Experiencing Dementia

**Dementia affects everyone, including people, families and communities.
The Alzheimer Society of Manitoba can help!**

Experiencing Dementia unites people diagnosed with early stage dementia, family members and caregivers for a unique learning opportunity. Our dementia care specialists will help you understand:

- The changes in the brain and the impact on behaviours
- The disease progression
- The value of respite and community resources
- Considerations for future planning
- Skill building techniques designed to prolong independence and safety
- Self health tips for caregivers

Beginning January 2014!

Register today, space is limited!

8-week Classroom Program
Thursdays beginning January 9
10 am to 11:30 am
Alzheimer Society of Manitoba

At the completion of the eight-week program, participants are encouraged to join a support group for people with a dementia or a family support group.



Alzheimer Society of Manitoba
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For more information, contact Maria Mathews, Manager of Client Support, at 204-943-6622 or mmathews@alzheimer.mb.ca



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