

Route Map

Alzheimer Society
MANITOBA
Dementia Care & Brain Health

Investors Group
MEMORY
Walk
2015



3 KM Walk Route

30-45 minutes

1. Cross start line and follow pathway to Esplanade Riel
2. Cross Bridge
3. Turn right onto Tache Avenue
4. Continue down Tache Avenue to Goulet and turn right at Main Street.
5. Continue onto Main Street
6. Continue over the Norwood Bridge and turn right up the pathway back to The Forks
7. Cross footbridge and stay on pathway
8. Continue along the Living Prairie Grass Garden along the pathway
9. **Cross finish line at Festival Stage!**

5 KM Walk Route

45 minutes - 1 hour

1. Cross start line and follow pathway to Esplanade Riel
2. Cross Bridge
3. Continue up Provencher Boulevard
4. Turn right onto St. Jean Baptiste Street
5. Turn right onto Goulet Street
6. Continue onto Main Street
7. Continue over the Norwood Bridge and turn right up the pathway back to The Forks
8. Cross footbridge and stay on pathway
9. Continue along the Living Prairie Grass Garden along the pathway
10. **Cross finish line at Festival Stage!**