

## TELECONFERENCE SUPPORT GROUP FOR CARE PARTNERS OF PEOPLE WITH YOUNGER ONSET DEMENTIA

Younger onset dementia affects individuals younger than age 65. They and their families are facing special challenges related to changes associated with the disease, employment, raising children, money matters and future plans. Care partners are experiencing changes in the relationship, an increase in responsibilities related to the family and the challenge of providing care while continuing to be employed.

To assist care partners and friends of people with younger onset dementia, the Alzheimer Society of Manitoba is offering a teleconference support group. Group members must be caring for someone under the age of 65 with a diagnosis of Alzheimer's disease or another dementia.

**Support Groups** offer a confidential and supportive environment for participants to:

- Gain information about the nature and progression of Alzheimer's disease or another dementia, available treatments, and community resources.
- Discuss their experiences and strategies when caring for a person with Alzheimer's disease or another dementia.
- Enjoy mutual support from others who are caring for a family member or friend.

**Teleconference Support Groups** allow care partners or friends to participate without leaving their home. Participants can live anywhere in Manitoba. No special equipment is needed, though some people prefer being able to use a speaker phone or head set. Participants do not incur long distance charges. Connection is made using a toll free number and a conference code. The group will meet on a monthly basis.

### Who facilitates the Support Group for Care Partners of Younger People with Dementia?

The Support Group is facilitated by the Program Director of the Alzheimer Society of Manitoba and a Social Worker from a community care setting.

### How do I join and when does the Group meet?

- To learn more or to join this Teleconference Support Group, contact the Alzheimer Society of Manitoba at 204-943-6622 or 1-800-378-6699 or the Regional office in your area.
- The Group meets on the third Monday of the month at 7:30 to 8:30 pm.
- If they wish, Group participants may join the facilitators at Deer Lodge Centre Life and Learning Board Room, Second Floor, 2109 Portage Ave., Winnipeg for the teleconference.

The Alzheimer Society of Manitoba's mission is to alleviate the individual, family and social consequences of Alzheimer's disease and related disorders while supporting the search for a cure.

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PROVINCIAL - WINNIPEG 10-120 DONALD ST R3C 4G2 204-943-6622 alzmb@alzheimer.mb.ca

INTERLAKE / EASTERN - BEAUSEJOUR  
BOX 1786, 31 1ST STREET ROE OC0  
TEL: 204-268-4752 FAX: 204-268-4799  
EMAIL: alzne@alzheimer.mb.ca

SOUTH CENTRAL - WINKLER  
BOX 119, 204 MAIN STREET R6W 4A4  
TEL: 204-325-5634 FAX: 204-325-6496  
EMAIL: alzsc@alzheimer.mb.ca

NORTH CENTRAL - PORTAGE LA PRAIRIE  
108 B SASKATCHEWAN AVE E. R1N 0L1  
TEL: 204-239-4898 FAX: 204-239-0902  
EMAIL: alznc@alzheimer.mb.ca

SOUTH EASTMAN - STEINBACH  
9A - 90 BRANDT STREET R5G 0T3  
TEL: 204-326-5771 FAX: 204-326-5799  
EMAIL: alzse@alzheimer.mb.ca

PARKLAND - DAUPHIN  
118 MAIN STREET NORTH R7N 1C2  
TEL: 204-638-4483 FAX: 204-638-4493  
EMAIL: alzprk@alzheimer.mb.ca

WESTMAN - BRANDON  
UNIT 4B-457 9TH STREET R7A 1K2  
TEL: 204-729-8320 FAX: 204-726-1082  
EMAIL: alzwm@alzheimer.mb.ca