



Winnipeg Regional Health Authority

Home Care / Mental Health
Specialized Programs



Home Care Specialized Programs

The Self/Family Managed Care Team coordinates the following options:

- Self/Family Managed Care
- ALS Case Management
- Accessible Housing & Care Partnerships
 - Focus / Cluster / Learning Through Living (partnering with 1010 Sinclair)
 - Qu'Appelle Housing (partnering with ILRC)
 - Luther Mobility Suites (partnering with Luther Home)



Home Care Specialized Programs

Location & Phone: 496 Hargrave, 204-940-2168

Program Manager:

Carol Rampaul

Admin. Support: Josette Beernaerts

Case Coordinators:

- Suzette Vinci-Irwin (SW)
- Sharon Campbell (N)
- Chris Billows (SW)
- Genny Heroux (SW-Bilingual)
- Autumn Teichroew (SW)



What is Self/Family Managed Care?

An Option of the Home Care Program

- It is a full part of Home Care, following the same policies and protocols.
- It delivers one aspect of Home Care services differently: Instead of sending in staff for personal care and household maintenance, a financial allowance is sent.
- Client/Family will use this money to hire their own staff to provide the care.



Funding Instead

Persons who become Self/Family Managers will receive funding in lieu of direct non-professional services following a formal **application assessment** and a signed **contract** with the Regional Health Authority.



Assessment

The amount of funding will be determined on the basis of an assessment by a Home Care Case Coordinator. This assessment will determine the quantity and type of service needed. This assessment will be according to the standards applicable to the Home Care Program.



Adjustments

Reassessment will be conducted on a regular basis by Regional Health Authority Home Care staff; at the request of the client/family member; or when the assistance required by the client changes. This will enable adjustments to be made as the need for services increases or decreases.



Professional Supports

Clients are not excluded from Home Care's professional services such as **Visiting Nurses** and **Community Therapy Services**.



Backup

The responsibility of ensuring backup service will be left with the Self/Family Manager.



Taking Control

The Self/Family Manager will arrange to meet their needs/the needs of the client in the manner most appropriate to the circumstances.



Withdrawing

The decision to withdraw from Self/Family Management will be left with the client/family manager, subject to a reasonable period of notice. However, in the event of direct violation of the contractual agreement, the right to stay with the Self/Family Managed Care Program may be terminated.



Separate Account

All Self/Family Managers will be required to set up and maintain a **separate bank account**. This account is used solely for receiving and expending Self/Family Managed Care funds and will be subject to semi-annual reports and audit reviews by the WRHA.



Hiring Family?

As per Manitoba Health policy, hiring of family members is not allowed except in exceptional or unusual circumstances and with the approval of the Director.



Options for Servicing

Clients/Family directly employ your own staff and thus take on full responsibilities as an employer including: Registering with CRA for payroll deductions, Employment Insurance, Workers Compensation, etc. Managers may use a Payroll company to assist them as employers.

Alternatively, they may choose to engage a personal care agency to provide the care.



Independent Living Resource Centre

The Independent Living Resource Centre (ILRC) is an agency funded to provide support to Self & Family Managers in carrying out their responsibilities.

www.ilrc.mb.ca

947-0194



ILRC Provincial

The Independent Living Resource Centre was the initiator of the Self-Managed Care program and convinced Manitoba Health to trial a test project.

The ILRC continues to support Case Coordinators in other RHAs to understand Self & Family Managed Care.



ILRC Peer Support

Opportunities exist for consumers/clients to interact and share personal experiences. Support is offered from the WRHA on an as needed basis from a CC associated with the option

Support can be offered in real/live time via web-conferencing capabilities



ILRC Client Support

Individual consultations/meetings with potential, new and existing consumers involved with the option.

Support provided for both administration/startup, as well as HR management and skill development.



To Qualify

To qualify for the Self and Family Managed Care program, individuals must be eligible for Home Care services. Individuals are no longer required to be recipients of the regular Home Care office in order to apply.



To Apply

Request and Complete the S/FMC
Application Form and return it to our office.

To get an application contact us at:
940-2168



Case Transfer

Once accepted onto S/FMC, the HC file will be transferred to our office. Standard transfer protocol is followed with some exceptions:

- MDS is current within 3-6 months if client's condition is stable.
- TMM is completely current.
- S/FMC CC may decide to review the MDS if it makes sense (relationship is already built).



Benefits

- More client/family control over who enters their home and what gets done. Chance to improve continuity of care.
- Specific training is managed by family/client allowing more flexibility within current care plan.
- Greater client satisfaction as a result of increased autonomy.



Challenges

- Potential risk of funds being abused.
- Some clients have difficulties self-managing their care or clinical needs.
- Its hard for some Managers to find consistent and competent staff.



Questions?

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