Dementia Care & Brain Health



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## Get the Facts: Alzheimer's Disease and Dementia

Currently, more than 20,000 Manitobans have Alzheimer's disease or another dementia. This number is growing at an alarming rate.

Learn the 10 warning signs and risk factors. And also learn ways to support people with Alzheimer's and their families.

Saturday, October 18 11 am - 12 pm St. John's Library 500 Salter St.

Call 204-986-4689 to register.



Need more information on this topic? Visit alzheimer.mb.ca

or ask Library staff for books and other resources.