

# Living with Dementia: First Steps



**Saturday, January 21, 2017**

9 am – 3 pm

**Stonewall & District Health Centre**

589 3rd Ave.

Stonewall, MB

**Cost: \$20/person**

Includes lunch and resources

Topics of discussion:

- Understanding dementia from a medical, family and individual perspective
- Legal and financial considerations
- Helpful community resources
- Home safety
- Best practices for caregivers

*This event is co-sponsored by the Alzheimer Society of Manitoba and South Interlake Seniors Resource Council*

**Limited  
seating!**

**To register**, contact the South Interlake Seniors Resource Council  
at 204-467-2719 or [sisrc@shaw.ca](mailto:sisrc@shaw.ca)

**For more information**, contact Jackie Dokken  
at 204-268-4752 or [alzne@alzheimer.mb.ca](mailto:alzne@alzheimer.mb.ca)